

ONE

4 Sept, 25 Sept, 18 Oct
13 Nov, 4 Dec

Sausages with Mash & Gravy
Quorn Sausages & Mash with Gravy
Carrots & Peas
Pear & Berry Crumble with Custard
Yoghurt / Fresh Fruit Platter

Chicken Tikka with Rice
Sweet & Sour Vegetables with Noodles
Cauliflower & Green Beans
Carrot & Courgette Cake
Yoghurt / Fresh Fruit Salad

Roast Pork with Roast Potatoes & Gravy
Wholemeal Creamy
Vegetable Pie with Roast
Potatoes & Gravy
Savoy Cabbage & Swede
Fruit Jelly & Cream
Yoghurt / Fresh Fruit Platter

Shepherd's Pie with Gravy
Bean & Vegetable Hot Pot
Broccoli & Carrots
Dutch Apple Pie with Custard
Yoghurt / Fresh Fruit Salad

MSC Fishwich with Chips
Vegetarian Wrap with Chips
Baked Beans & Garden Peas
Jam Sponge & Custard
Yoghurt / Fresh Fruit Chunks



TWO

11 Sept, 2 Oct, 30 Oct
20 Nov, 11 Dec

Chicken Enchilada with Potato Wedges
Vegetable Lasagne with Homemade
Garlic Bread
Coleslaw & Sweetcorn
Lemon & Mixed Berry Cake
Yoghurt / Fresh Fruit Platter

Spaghetti Beef Bolognese
Lentil & Basil Puff Pastry
Turnover with New Potatoes
Broccoli & Carrots
Eve's Pudding with Custard
Yoghurt / Fresh Fruit Chunks

Roast Turkey with Roast Potatoes & Gravy
Mixed Bean Cassoulet with
Roast Potatoes & Gravy
Carrots & Cauliflower
Fruit Jelly with Cream
Yoghurt / Fresh Fruit Salad

Chicken Neapolitan Wholemeal Pasta
Lentil & Sweet Potato Curry with Rice
Roasted Mixed & Vegetables
Mixed Fruit Crumble with Custard
Yoghurt / Fresh Fruit Platter

MSC Salmon or White Fish
Fingers with Chips
Cheese & Tomato Quiche with Chips
Baked Beans & Garden Peas
Chocolate & Beetroot Brownie
Yoghurt / Fresh Fruit Chunks



THREE

18 Sept, 9 Oct, 6 Nov
27 Nov, 18 Dec

BBQ Chicken Pizza with Jacket Wedges
Cheese & Tomato Wholemeal French
Bread Pizza with Jacket Wedges
Sweetcorn & Rainbow Vegetable Sticks
Neapolitan Ice Cream or
Shortbread Biscuit with
Yoghurt / Fresh Fruit Salad

Sausage, Onion & Herb Plait
Served with Gravy & Mashed Potatoes
Macaroni Cheese with Garlic Slice
Green Beans & Glazed Carrots
Chocolate & Mandarin
Sponge with Custard
Yoghurt / Fresh Fruit Platter

Roast Chicken with Stuffing
with Roast Potatoes & Gravy
Vegetable Wellington with Roast Potatoes
& Gravy
Savoy Cabbage & Sweetcorn
Rice Pudding with Mixed Berries
Yoghurt / Fresh Fruit Chunks

Beef Lasagne
Quorn & Vegetable Goulash with Rice
Broccoli & Mixed Salad
Apple & Honey Crumble with Custard
Yoghurt / Fresh Fruit Salad

MSC Breaded or Battered
Fish with Chips
Homemade Bean & Vegetable Burger
in a Bun with Chips
Garden Peas & Baked Beans
Pear & Raisin Upside Down Cake
Yoghurt / Fresh Fruit Platter

